



EMBURY CAFÉ MENU Hours: 8:30-2:00

2023 – 2024 Fall-Winter Breakfast/Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Breakfast your way at the Cafe	Breakfast your way at the Cafe	Breakfast your way at the Cafe	Breakfast your way at the Cafe	Breakfast your way at the Cafe	Breakfast your way at the Cafe	Breakfast your way at the Cafe
WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4/8	4/9	4/10	4/11	4/12	4/13	4/14
SOUP	Tomato Rice Soup	Minestrone Soup	Cream of Mushroom	Beef Noodle	Garden Vegetable OR Tomato Soup	N.E. Clam Chowder	Butternut & Apple Bisque
ENTRÉES & SIDES	Breaded Pork Chop/Gravy OR Beef & Cabbage Bake Baked Potato w/ Sour Cream Seasoned Carrots	Chicken Piccata OR Eggplant Parmesan Herb Penne Pasta Steamed Broccoli	Roast Turkey/Gravy OR Potato Encrusted Cod Bread Stuffing/ Cranb. Sce Mashed Butternut Squash	Hot Pork Sandwich/Gravy OR Tuna Melt Pasta Salad	Make your own Grilled Cheese Sandwich w/ bag of chips	Spaghetti / Meat Sauce OR Cheese Quiche Dinner Roll Garden Blend Vegetable	Beef Pot Roast /AuJus OR Italian Chicken Breast Parslied Potatoes Buttered Carrots
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4/15	4/16	4/17	4/18	4/19	4/20	4/21
SOUP	Split Pea	Mushroom Barley	Cream of Vegetable	Pasta Fagioli	Black Bean w/Bacon	Tomato Basil	Garden Vegetable
ENTRÉES & SIDES	Rosemary Lemon Chicken OR Crab Cakes Mashed Potatoes Steamed Corn	Pasta Day Choice of pasta, sauce and toppings	Grilled Pork Chop OR Turkey Reuben Mashed Potatoes Spinach	Tortellini Alfredo w/ Dinner Roll OR Roast Beef /Gravy Mashed Potato Green Beans	Lemon Rice Stuffed Pollock OR Hamburger Steak/Gravy Mashed Potatoes Dill Carrots	Chicken Cacciatore OR Herb Crusted Flounder White Rice Brussel Sprouts	Maple Glazed Ham OR BBQ Chicken Baked Sweet Potato Baked Beans
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4/22	4/23	4/24	4/25	4/26	4/27	4/28
SOUP	Turkey Rice	French Onion	Vegetable Chowder	Lentil & Ham	Cream of Broccoli	Manhattan Clam Chowder	Chicken Noodle
ENTRÉES & SIDES	Stuffed Apple Chicken OR Swiss Steak Mashed Potatoes Fresh Steamed Broccoli	Cranberry Pork Loin OR Lemon Pepper Cod Baked Potato Sauteed Spinach	Corned Beef OR Italian Breaded Chicken Parslied Potatoes Braised Cabbage	Build your own sub day	Tuna Bean Cassoulette w/Dinner Roll OR Chicken Cutlet on Bun Stewed Tomatoes	Roast Turkey /Gravy OR Maple Glazed Ham Cheesey Mashed Potatoes Mashed Butternut Squash	Chicken & Biscuit OR Butternut Squash Ravioli w/ Dinner Roll Steamed Broccoli
WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4/29	4/30	5/1	5/2	5/3	5/4	5/5
SOUP	Tuscan White Bean	Cauliflower Cheese	Garden Vegetable	Cream of Carrot	Beef Barley	Cream of Broccoli	Chicken Vegetable
ENTRÉES & SIDES	Roast Pork Loin /Gravy OR Potato Crusted Cod Baked Potato Seasoned Green Beans	Chicken Divan OR Beef Tips /Mushrooms Herb Penne Pasta Greens & Peppers	Shrimp Stir Fry w/ Rice OR Shepherds Pie w/Dinner Roll Asian Mixed Vegetable	Eggplant Bean Ragout OR Roast Beef/Gravy Mashed Sweet Potatoes Cauliflower	Beef Meatloaf / Gravy OR Poached Cod/Tomato Broth Mashed Potatoes Peas	Chicken Fettuccine Alfredo OR Spinach Swiss Quiche Dinner Roll Steamed Broccoli	Chicken Florentine OR Braised Beef Brisket Mashed Potatoes Buttered Carrots

Menu is Subject to Change



Please No Substitutions

