



THE WESLEY COMMUNITY  
WESLEY HEALTH CARE CENTER

**Resident Off-Unit/Off-Campus Guidelines**

**Key Points:**

The facility will ensure resident safety is evaluated prior to any Off-Unit or Off-Campus Travel.

- A resident will not be able to leave the facility if the resident representative has not met the safety requirements & completed a one-time training for transportation. Off-site car transfer evaluations need to be done annually or with significant change of condition.
- A resident will not be able to enter the Wesley transportation vehicle if a PT referral has not been conducted for approval. Off campus bus evaluations need to be done annually or with significant change of condition.
- Extended training may be required by therapy to achieve a safe car transfer or for stair climbing training prior to Wesley transportation bus utilization.
- Same day requests are highly discouraged and may not be achievable based on a loved one's abilities and team members availability.
- **At least** a one-week notice is highly encouraged to ensure all policy steps are completed unless an alternative deadline is required to be met during the holiday season.

**Prior to Resident Departure with Resident Representatives:**

1. A resident or representative, interested in conducting an off-campus visit with their loved one, no matter the length of time, will be required to notify and discuss their loved one's level of function with the RN unit coordinator, determine resident's physical abilities.
  - a. Residents with a current transfer status of Independent or Supervision will only require one car transfer evaluation yearly and with a change of condition, with one resident representative in order to conduct future off-site visits.
  - b. Residents with a current transfer status of Moderate Assistance, Minimal Assistance or Extensive Assistance requires a car transfer evaluation **by each** resident representative planning to take their loved one off-site.
2. If a short-term or extended Off-Unit or Off-Campus Travel is determined to be appropriate, unit coordinator to send therapy referral and therapy evaluations, which include car transfer education with resident representative (s).
  - a. If resident is going out for more than a car ride, the needs for toileting, hygiene, ambulation, ADL and mobility would need to be considered. Could include other equipment needs such as walker, cane, gait belt etc. A PT/OT/ST referral would need to be sent. Family education would need to be provided.



THE WESLEY COMMUNITY  
WESLEY HEALTH CARE CENTER

**Resident Off-Unit/Off-Campus Guidelines**

3. Therapy will be responsible for coordinating the car transfer evaluation with the requesting family members based on the therapy referral information within a week of the referral or to meet the holiday deadline provided by administration.
  - a. If a resident requires a mechanical lift resident would need to have a wheelchair accessible van for transportation and demonstrate they can secure resident in van safely.
  - b. A therapy referral is **NOT** needed for hired transportation or wheelchair accessible van. If using a wheelchair assessable van nursing should escort resident out to observe loading and securing the resident into the van.

**Resident Requirements upon return from Off-Unit or Off-Campus Travel:**

- If the resident or family member reports possible close contact to an individual with COVID-19 while outside of the nursing home, the facility will test the resident for COVID-19 upon return, regardless of vaccination status.
  - Testing is recommended immediately (but not earlier than 24 hours after the exposure) and, if negative, again 48 hours after the first negative test and, if negative, again 48 hours after the second negative test. This will typically be at day 1 (where day of exposure is day 0), day 3, and day 5.
- If the resident develops signs or symptoms of COVID-19 after the outing, the resident will be tested for COVID-19 and placed on Transmission-Based Precautions, regardless of vaccination status.
- The facility might consider quarantining residents if, based on an assessment of risk, uncertainty exists about their adherence or the adherence of those around them to recommended infection prevention measures.
- **Testing/Quarantine for Off-Unit or Off-Campus Travel:**
  - Residents who leave the facility for;
    - **Less than 24 hours:** Quarantine or testing is not recommended for residents, no matter their vaccination status, who leave the facility for less than 24 hours (e.g., for medical appointments, community outings with family or friends) and do not have close contact with someone with SARS-CoV-2 infection
    - **24 hours or more:**
      - Residents who have left the facility for >24 hours, regardless of vaccination status, should have a series of three viral tests for SARS-COV-2 infection; Testing will occur immediately (but not earlier than 24 hours after the exposure) and, if negative, again 48 hours after the first negative test and, if negative, again 48 hours after the second negative test. This will typically be at day 1 (where day of exposure is day 0), day 3, and day 5.