

Summer 2019



THE WESLEY COMMUNITY

CONNECTION

Greater Health | Greater Life | Greater Saratoga

Dining Staff Awarded for Excellence

HHA Training Now Offered

Wesley Gala Recap





The summer months always bring increased vibrancy to The Wesley Community campus. Our meticulously landscaped grounds are frequented by many residents enjoying the sun's warm rays, the scent of flowers, blue skies and the sounds of nature around us. From our courtyards to our walking paths, residents get out and about to enjoy the season.

While vacations, ice cream, beaches and picnics are on everyone's minds, our talented and hard-working staff continues to push forward on our Embracing Excellence initiative.

As part of Embracing Excellence, our Health and Wellness Committee has been active on several fronts. The recent addition of a farmer's market on the first Thursday of each month has been a huge hit with residents and staff from throughout the campus. Additionally, the Committee hosted a health and wellness fair at Embury Café, which featured a range of health-related businesses and organizations from throughout the region.

One key part of our Embracing Excellence plan is to invest in physical plant improvements, so we were delighted in the success of our Wesley Foundation Gala, co-chaired by Mike and Lisa Munter and presented by Adirondack Trust Company. The event raised more than \$115,000 for the continued renovations of the Springs building at Wesley Health Care Center. This record-setting event continues to grow and we are forever grateful for the Saratoga community's support of our mission.

Opportunities for our staff to advance their careers are also a key part of the Embracing Excellence initiative. With that in mind, we are also looking forward to our Saratoga 9 and Wine event on July 24th at McGregor Links, which will benefit our Nursing Scholarship Program. This scholarship program helped several employees pursue their nursing education for the 2018-19 academic year and we look forward to awarding the next round of scholarships later this summer.

We will continue to pursue these efforts and many more, to make a difference in the lives of our residents and our community.

It is my hope that you have an enjoyable summer season, one filled with warm, sunny days and experiences that you will cherish with those you care about most.

As always, we are here for you and your family when needed.

Sincerely,

Brian Nealon

J. Brian Nealon, LNHA
Chief Executive Officer
The Wesley Community

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Published by The Wesley Community
Operated by United Methodist Health and Housing
131 Lawrence Street, Saratoga Springs, NY 12866
518.587.3600 TheWesleyCommunity.org

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Cover photo by: Stock Studios Photography

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Our Community



COVER PHOTO The Wesley Community recently celebrated National Nurses Week and the cover photo highlights some of our dedicated nursing staff.

Front Row: Casey Bills LPN, Carrie Brennan LPN, Angelina Cardella LPN
2nd Row: Jenna Lord RN, Rachel Farstad LPN, Beth Smith LPN, Mary Jenks LPN
3rd Row: Amy Millington LPN, Della Rhodes LPN, Julie Alsante RN
Last Row: Jan Morrett LPN

The Wesley Community works to maximize the independence, fulfillment and enrichment of all lives we touch.

Saratoga 9 and Wine



Help raise funds for The Wesley Community's Nursing Scholarship Program at the first-ever Saratoga 9 and Wine. This new golf event, to be held at McGregor Links Country Club on Wednesday, July 24th at 2 p.m., will feature nine holes of golf and a wine tasting reception to follow. Sponsorships, tee sponsorships and reception-only tickets are also available. Please visit www.saratoga9wine.com for more information on the event or to register.

Farmer's Market at The Wesley Community



The Wesley Community's Health and Wellness Committee has started hosting a farmer's market on the first Thursday of each month at Embury Café from 2:30 to 4:30 p.m. The market has been a huge hit with attendees. It is open to all residents and staff, with the public also welcome.



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DINING STAFF AWARDED FOR EXCELLENCE



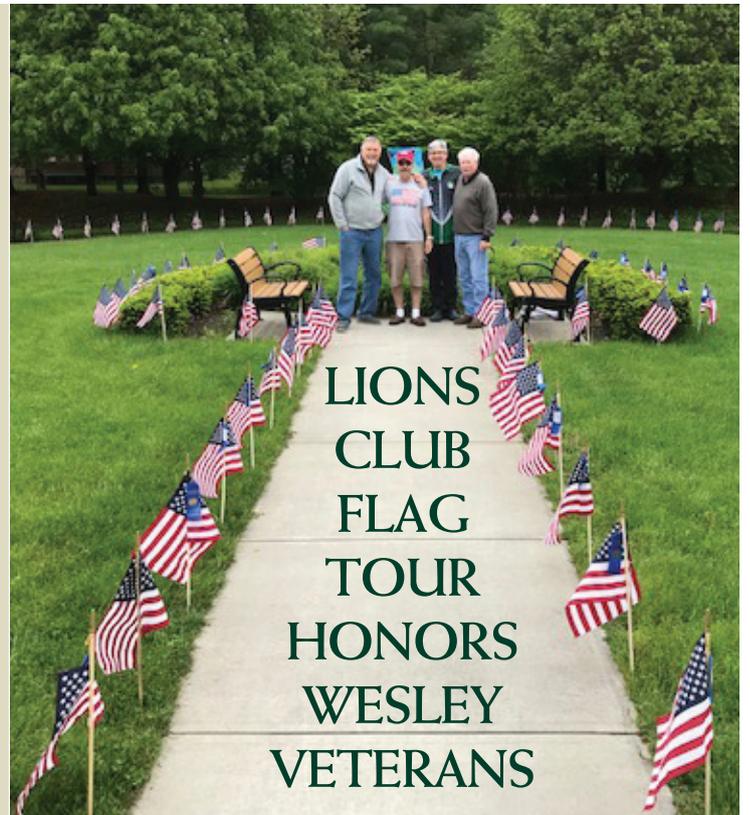
MEGAN ROSS was selected as one of the Co-Dining Services Employees of the year for her kind and compassionate commitment to her residents and coworkers. Megan is known to go above and beyond to ensure that the residents can have their meals the way that they prefer, and are comfortable in all of their dining experiences. Megan is known for her big smile, positive attitude and cheerful disposition, brightening the day of her residents.

Congratulations, Megan!



SUE GRIFFIS was selected as the second Co-Dining Services Employees of the year for her excellent work ethic and commitment to aiding her coworkers in bringing the best services to our residents. Sue is known to lend a helping hand to ensure that the job is being done the best possible way. Sue's respectful, kind and pleasant demeanor is noticed in all aspects of her job.

Congratulations, Sue!



In honor of our military veterans, volunteers from the Saratoga Springs Lions Club brought the Lions' Freedom Flag Tour to The Wesley Community campus. The flags were placed at the Memorial Garden outside of the Victoria building for all to enjoy and were on-site until June 4th. In addition, the Saratoga Springs Lions Club jointly hosted, with The Wesley Community, a Veterans Recognition Social for all Wesley Community residents who are veterans on campus.



WESLEY SENIOR SOLUTIONS TO OFFER NEW HHA TRAINING PROGRAM

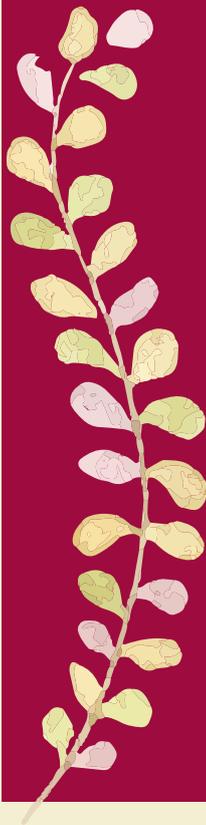


THE WESLEY COMMUNITY
WESLEY SENIOR SOLUTIONS

The Wesley Community's licensed home care service agency, Wesley Senior Solutions, now offers potential job candidates the opportunity to obtain their New York State Home Health Aide Certification through a new training program.

As a Home Health Aide, individuals will have the opportunity to make a difference in the daily lives of seniors who need personal care services and daily assistance to improve or maintain their quality of life. Successful candidates will be able to develop meaningful and long-term relationships with each client while also strengthening their skills with a variety of on-the-job experiences.

Wesley Senior Solutions is currently seeking qualified candidates to participate in the new certified HHA training program and is accepting applications for the first training class, which will begin on July 29th. Upon successful completion, candidates will be offered a part-time or per diem employment opportunity depending on current case availability at Wesley Senior Solutions.



"Wesley Senior Solutions is looking for dedicated and compassionate candidates to work with seniors who need health care services but wish to remain in the comfort of their own home," said Wesley Senior Solutions Director Sharon O'Sullivan. "Our new home health aide training program is the ideal opportunity for any individual looking to make the transition into the health care profession. Not only will each candidate receive comprehensive training and state certification, but they will also be rewarded with immediate employment opportunities and comprehensive benefits, for those who qualify, while helping the numerous seniors currently utilizing our services in the community."

The paid training class, which consists of both classroom and clinical hours, will take place on weekdays from July 29th through August 13th from 8 a.m. to 4 p.m. Applicants must attend all 12 days of training.

Certified home health aides help clients with a variety of needs including: assistance with personal hygiene and skin care; using durable medical equipment such as walking devices; recording weight and vital signs as needed; providing medication reminders; and assisting each client with light housekeeping, errands and miscellaneous household duties. Wesley Senior Solutions offers a wide array of comprehensive home health care services to meet the needs of individuals on a 24-hour basis, with services provided to Saratoga, Warren and Schenectady Counties. All clients receive a customized plan of care designed to meet their individual needs following a professional

in-home nursing assessment. Both long- and short-term care options are available.

All candidates interested in applying for the position must have a high school or GED equivalent diploma and be at least 18 years of age. Those interested must have a valid driver's license insurance, and also have reliable transportation, to get to and from clients' homes and occasionally transport clients to appointments or outings.

Wesley Senior Solutions is currently hiring part-time and per diem staff to serve clients in Saratoga, Warren and Schenectady Counties.

For more information about Wesley Senior Solutions or to apply for the available positions, call 518-584-1200 or visit wesleyseniorsolutions.recruitpro.com. ■

RESIDENT PROFILE: STEVE DORMADY



Steve Dormady is a retired Navy and Coast Guard veteran of 31 years and resident of The Wesley Community. At age 19, Steve joined the Navy and served on four ships as well as served one term of isolated duty. Steve went to enlist in the U.S. Coast Guard where he spent the majority of his career. As a Crypto Analyst in the Coast Guard, Steve described his duties as being “a very important part of the communications team.” There is no doubt that he loved his job and time at sea as a “true blue sailor,” in his words. He was a part of many important rescues and even saved the life of a few high-level executives during some harrowing expeditions. Steve describes his overall career as being “fast-paced, hard and demanding, but very rewarding.”

Although Steve loved his job, he always valued his family above anything else. Steve and his wife Lynn have been together for 49 years and their path continues here at The Wesley Community.

Lynn and Steve met while he was lifeguarding at the town pool in high school and they both knew it was love at first sight. Lynn explained that she went home to her mom one day and said to her, “I just met the guy I’m going to marry”, and the rest was history. Steve and Lynn have two children together, Dr. Shane Dormady and Nikki Dormady, who both work in the medical field, and who they could not be more proud of. Even through moving thirteen times, and with Steve away regularly, the children were both exceptional students who grew up to be two very successful individuals. “Humor is the key to our family,” claimed Steve. Lynn shared that Steve would unknowingly put the beginning of one word with the other half of a different word and come up with a whole new word that actually sounded pretty good, and it became so funny that they started a “dad dictionary” of the words.

Lynn says, “He is the best. His main concern always was that we were

provided for, taken care of and that we could get to him no matter where he was. He is just the best dad and husband ever!” Steve couldn’t share enough about how much he appreciated all that Lynn did while he was away, taking care of the many responsibilities raising children brings. “She’s been my backbone my whole life,” Steve shared, taking care of the kids and house while he was away from home.

Over the years the couple has had to overcome many difficult obstacles including Steve’s health challenges. “The surgeries started and I had to wait two weeks because my daughter was getting married and I tried to dance with someone but my arm kept falling down. I have had nine surgeries, but it hasn’t slowed me down. I have been knocked down so many times, but I just keep getting back up. I’m a fighter. I don’t take no for an answer and I always just go for it until they tell me to put on the brakes.” Through everything, Lynn

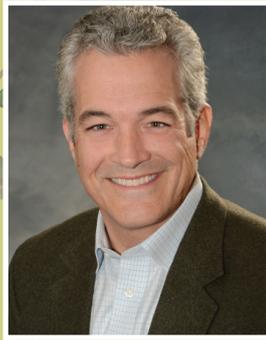


Steve and his wife have made his room at Wesley Health Care Center look like home with her décor talents and their shared memories all around.

was by his side, pushing him in therapy and supporting him all the way.

Eventually they started looking for care for Steve that had progressive physical therapy close to home and they ended up choosing The Wesley Community. Steve is loved by the Wesley staff and they often stop in to visit with him during their lunch. Lynn has decorated Steve's room to make it feel just like home with pictures, plants and decorations for each holiday. Lynn and Steve have used his time at The Wesley Community to make up for the years that he was away from home. The Wesley Community has provided Steve with the care that he needs, while staying close to Lynn – making it easy for her to be with Steve as much as possible to share laughter and stories, and spend time together after so much time apart. ■

New Members Added to UMHH Board of Directors



Ray Martin is the founder of Saratoga Springs financial services firm Crescent Hill Partners LLC and is author of two personal finance books. He has provided financial counseling and advice to individuals, families and senior executives of Fortune 500 companies for more than 25 years. He has served on The Wesley Foundation board for nine years, including as president for the last two years. ■



Deborah Damm O'Brien served as executive director of DePaul Housing Management and Catholic Charities Housing in Albany for more than 18 years and oversaw the operation of housing options for low-income families and seniors in the Capital Region. During this time, she also helped operate a variety of nutrition, information and assistance programs serving hundreds of seniors in Schenectady County. Damm O'Brien is an active volunteer in the community and serves on several boards for non-profit nursing homes and adult homes including Carmelite System, Inc. and Heritage Home for Women. ■

The Wesley Foundation Board of Directors Adds Tully



Kevin Tully is a Certified Public Accountant for more than 30 years, and is currently the tax director at Teal, Becker & Chiaramonte in Albany, NY. He provides tax services to numerous professional organizations, including retailers, wholesalers, distributors, manufacturers, construction contractors and real estate developers. He is also active in the community and has served on numerous boards including the Fast Break Fund, Inc., Saratoga Children's Museum, Living Resources and the Albany Rotary Foundation. ■

the WESLEY
FOUNDATION GALA

Sailing into Summer

HONORARY CHAIRS Mike & Lisa Munter

Thank you to all of our sponsors of the 2019 Wesley Foundation Gala – Sailing Into Summer! We are so grateful for your support of the event, which helped to raise more than \$115,000 for the second phase of renovations of the Springs building at Wesley Health Care Center.

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Mike & Lisa Munter

THE WESLEY
FOUNDATION'S

DONOR PROFILE SERIES

Q: Your family has a long history with The Wesley Community. Can you tell us more about that and why it has been such a big part of your family's history?

M/L: Mike's parents, John and Rosemary, served on the Wesley Board for a combined total of 18 years. Since Mike can remember they have been inclined to volunteer for worthy organizations throughout the community and beyond. Aside from that, over the years Wesley has provided superb care to immediate members of our families.

Q: You were the Honorary Chairs of the 2019 Wesley Foundation Gala, which raised a record \$115,000 for the Second Phase of Renovations at the Springs Building. Why was it important for you both to be involved with the event?

M/L: We have witnessed the dedication and hard work put forth by the Gala Committee and staff as well as the generosity of our community. We felt it was the

perfect way to celebrate these efforts and propel the awareness of the continuing Springs Renovation Project.

Q: What do you wish other people knew about The Wesley Community?

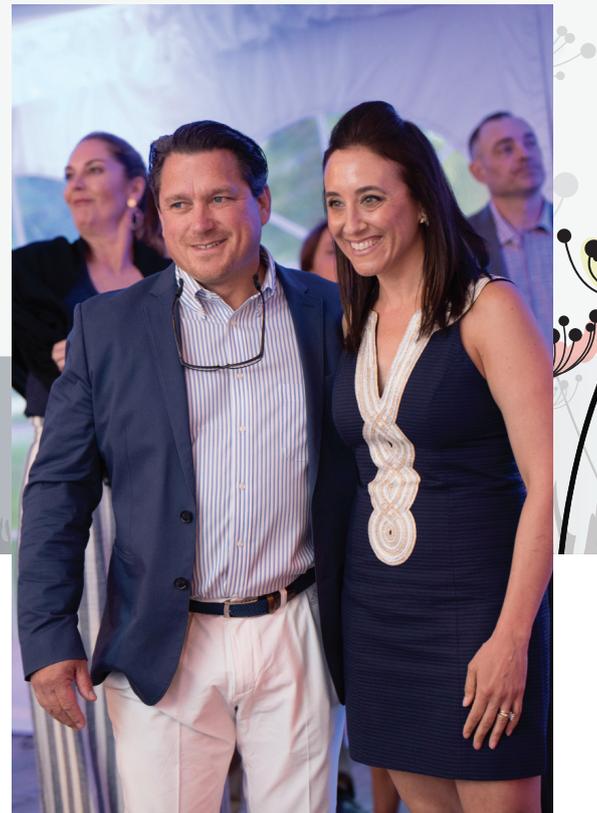
M/L: The amazing breadth of services and lifestyles offered for seniors and their families.

Q: Why do you think The Wesley Community is so important to the Saratoga area?

M/L: Wesley is a valued asset that contributes to the quality of life and community here in Saratoga by serving its clients as well as being a wonderful place to work for hundreds of their amazing staff.

Q: What might someone be surprised to know about you both? Any interesting facts or hobbies?

M/L: Our family pets are two teacup pigs and five goats... our backyard is an interesting scene!



Q: Tell us about your family.

M/L: We have been cheerfully married for 21 years and enjoy the antics of our wondrous boys, Tyler (16) and Jacob (14), every day!

Q: What would you tell others that are thinking about giving to The Wesley Foundation, but have not yet made the commitment?

M/L: Join the other generous donors and make the commitment!! We're impressed with Wesley's plan moving forward with the Springs Renovation Project that will greatly enhance the environment and experience seniors and their families will enjoy for years to come.



Q: What else would you like us to know about you, your business and your commitment to the community?

M/L: Mike is vice president of Munter Enterprises, Inc., a commercial and industrial general contracting outfit founded in 1972 by his parents John and Rosemary. Mike has co-owned and operated the firm with his brother John since 1998. Instilled with their parents' traits of volunteerism and community service, they continue to serve on a variety of volunteer boards and support numerous worthy causes in the region.

Lisa shares these ideals as well. She is currently president of The Dake Foundation for Children board and donates her time, energy and resources to numerous other notable not-for-profit organizations throughout the community. ■

THANK YOU MIKE & LISA FOR YOUR SUPPORT OF THE WESLEY COMMUNITY!

WESLEY HEALTH CARE CENTER ADDS IN2L INTERACTIVE ACTIVITIES

Thanks to generous donations to The Wesley Foundation, Wesley Health Care Center has purchased an It's Never 2 Late System for the Leisure Services Department. It's Never 2 Late technology offers 3,000 applications through a touchscreen interface. Resident users can keep in touch with family members, watch familiar classic TV shows and movies, travel across the globe virtually and participate in therapeutic activities.

It's Never 2 Late (iN2L) is dedicated to helping older adults realize the full benefits of today's technology through the integration of hardware, software, media and various other components. The interactive system is built on a picture-based, touchscreen interface that allows users to simply "touch" their way to find engaging, educational, spiritual and personalized content that is appropriate to their own level of ability. ■





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