

# Senior Living Options

	Embury Apartments	Woodlawn Commons Independent Living	Woodlawn Commons Assisted Living	Wesley Health Care Center
<b>SOCIAL LIFE</b>				
Would benefit socially from not being alone all day	X	X	X	X
May want to attend activities and events created to meet their needs	X	X	X	X
May want to attend off campus activities arranged by staff		X	X	X
<b>TRANSPORTATION</b>				
Needs transportation to local medical appointments		X	X	X
Needs public transportation to local shopping	X	X	X	X
Would like transportation to religious services in Saratoga Springs	X	X	X	
Would like to attend religious services on campus	X	X	X	X
<b>MEALS</b>				
Can prepare meals independently (or with private help)	X	X		
May need meal(s) prepared during the day	X	X	X	
Needs meals prepared			X	X
Needs assistance with feeding or special diet (ex. ground, pureed, etc...)				X
<b>HOUSEKEEPING AND LAUNDRY</b>				
Does housekeeping and laundry independently (or with private help)	X	X		
May need help with housekeeping and laundry			X	
Needs housekeeping and laundry services			X	X
<b>MEDICATION MANAGEMENT</b>				
Manages own medications independently (or with private help)	X	X		
May need help with medication management			X	X
Needs medication management			X	X
<b>PERSONAL CARE</b>				
Performs bathing, dressing, grooming independently (or with private help)	X	X	X	X
May require help or coaching for bathing, dressing, and grooming			X	X
Requires help or coaching for bathing, dressing, and grooming			X	X
<b>MOBILITY</b>				
Is independently and safely mobile, even with cane, walker, or wheelchair	X	X	X	X
Needs help to get out of a chair or bed, to walk, and/or to be safely mobile			X	X
<b>HEALTH AND WELLNESS SUPPORT</b>				
May receive services from a home health care provider of their choice if necessary	X	X		
Self-manages incontinence issues	X	X	X	
Needs help with incontinence issues and/or assistance with toileting			X	X
Needs cognitive support including reminders			X	X
Needs 24-hour staffing including nursing staff				X
Needs a 24-hour memory care specialty program with assistance				X
Needs assistance with CPAP BiPAP, nebulizer treatments, oxygen management			X	X
Needs assistance with diabetic management including finger sticks & insulin management			X	X
Needs assistance with acute wound care			X	X
Needs assistance with chronic wound care				X
Has a chronic illness that needs to be monitored and medically managed				X
Needs medical and nursing care and supervision				X
<b>SAFETY</b>				
Cannot do stairs	X	X	X	X
Is safe to be alone all or part of the day and can solve daily or emergency problems	X	X		
Would benefit from pull cord system in apartment for peace of mind	X	X	X	
Needs 24-hour staff availability for personal safety			X	X
<b>CARE MANAGEMENT</b>				
Needs occasional advice about issues related to aging	X	X	X	X
Needs to have physician's appointments scheduled and transportation arranged			X	X
Benefits from having an overall care plan for best quality of life			X	X
Needs a nursing care plan for health issues				X
<b>FINANCES</b>				
Can pay for all housing and services with private funds	X	X	X	X
Is eligible for long term care Medicaid benefits				X
Can use long-term care insurance benefits depending on terms of policy			X	X
Has limited resources to pay for independent housing & meets income requirements	X			